



**1<sup>st</sup> ACT Ltd**

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## OUR APPOINTED PERSON SYLLABUS

The basic requirement for an Appointed Persons course, only needs to cover:

- The role of the first aider including the importance of preventing cross infection, the need for recording incidents and initial actions to be taken.
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency.
- How to call the Emergency services and the correct information to give them.

With 1<sup>st</sup> ACT Ltd, we allow you to have as many subjects from the EFAW Syllabus below included in your 4 hour course. This enables the employer to totally tailor this type of course. Our Training Coordinator can assess your needs and help you chose your Syllabus.

- Administer first aid to a casualty who is unconscious (including seizure).
- Administer Cardiopulmonary resuscitation CPR.
- Administer first aid to a casualty who is Choking.
- Administer first aid to a casualty who is Bleeding.
- Administer first aid to a casualty who is suffering from Shock.
- Awareness and early signs of Heart Attacks.
- Awareness and early signs of Stroke.
- Awareness of Diabetic Emergencies.
- Awareness of Epilepsy.
- Recognise and administer first aid to a casualty suffering from (3) types of Burns.
- Recognise and administer first aid to a casualty suffering from (4) types of Broken bones.
- Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)